Golf Tip - Wrist Hinge

Wrist hinge plays an important role in contact and speed, so making sure you are using your wrist properly during the golf swing is vital to becoming a better ball striker. A drill I like to use for my students is the hinge and swing drill.

Here's How It Works...

- Set-up in your normal stance with a 7 iron.
- Lift the club up in front of you by hinging your wrist.
- Make a turn to halfway back in your swing
 - This is a great check point to where you should be in your swing
- Continue to turn a little more to replicate the backswing
- Swing down and through the ball

Why I like this Drill...

- It eliminates the initial takeaway in the golf swing, where a lot of golfers take the club back too far inside.
- It creates the important repetition of creating solid contact, speed, and helps you maintain your posture







2019 Putters Hot List

Titleist Scotty Cameron









To this day, Scotty continues to design the world's finest milled putters using innovative methods, new materials, classic as well as modern shapes, and concepts focused on creating clubs that perform on the game's greatest stages, as well as in the hands of everyday players around the globe who appreciate his expression of the Art of Putting

Odyssey Stroke Lab









Our new Stroke Lab putters actually help improve the golfer's stroke, including backswing length, face angle at impact, head speed through impact and tempo, all through a profound change in weight distribution made possible by an innovative new shaft. This is a completely new approach and only Odyssey has it.

Taylormade Spider









Spider X revolutionizes the way we achieve optimal stability and alignment by reengineering the mass properties of the head and introducing a new optically engineered alignment.