

# Golf Tip Getting Out of the Rough

Somedays the driver just doesn't work for us which leaves us with a lot of shots from out of the rough. Depending on the course you are playing the rough can be quite a challenge. Here are a few tips to help you become more consistent out of the rough.

## ***Getting Started...***

- The first thing we must do is survey the lie. If you are lucky enough to have a good lie, proceed with a normal shot.
- If your lie is a little more challenging we will have to make a decision on how far we can advance the ball. Once you have chosen your club proceed to the set-up

## ***Adjust your Set-Up...***

- The goal of the set-up is to get in a position where you can swing the club steeper
  - Stand closer - Ball farther back in your stance - Hands lower at address
- Create leverage by swinging the club steeper & creating a better angle into the ball.
  - The problem with taking a normal swing out of the longer rough is you will come into the ball too shallow and have to go through more rough before you contact the ball.

## ***Commit & Execute...***

- Swing down and through the ball
  - We want to create speed while also remaining in our posture for solid contact.
- Plan for Roll
  - Hitting a ball out of the long rough will be difficult to control distance because you are unable to create as much spin as you normally would. So pick a landing spot that allows for the ball to roll out after landing.

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