



Swinging Across The Line

Swinging across the line at the top of the backswing can lead to many problem...

For example a path that is over the top with a steep shaft pitch coming into the ball on the downswing - normally leading to a slice of pull. Before we look at how we can fix the problem, first we must take a look to see why we swing across the line at the top of the swing.

1. A takeaway that is too far to the inside is the most common reason a player is across the line at the top of the swing.
2. A lack of rotation in the arms (wrist, forearm, shoulders), can cause the shaft to get steep and across the line at the top of the swing.

So how do you fix your swing if you are across the line?

1. My first suggestion would be to check your takeaway at waist high to make sure it isn't too far inside. If you notice it is too far inside, practice a takeaway more outside. Don't be afraid to over emphasis taking the club too far outside. An exaggerated move will help you make changes quicker.
2. My second suggestion would be to check to see how your arms are rotating properly in the swing. If there is a lack of rotation, practice your takeaway with more rotation in the arms to help keep the club from getting too steep on the takeaway.
3. If you are struggling making any changes in your backswing, you can work on flattening the club on the downswing. I will say, in my opinion this is the most difficult option. From the across the line position at the top of the swing, work on letting the club drop behind you to flatten the shaft on the downswing. This works best if you stop at the top of the backswing, and then make an exaggerated move where you let the club flatten as you start your downswing.

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